



JANUARY 2022

To Make Meal Reservations Call: 715-561-2108 ext. 1 or 0

*HURLEY: M-F *SAXON: MONDAY ONLY *MERCER: TUE-THUR

*SPRINGSTEAD: WEDNESDAY ONLY *IRON BELT: WEDNESDAY ONLY

* When making meal reservations please specify if your meal reservation will be dine-in, carry-out, or home delivery *

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chili Garlic Bread Stick Frito Corn Salad Fruit	4 Salmon Patty Wild Rice Blend Roast Brussel Sprouts Cookie	5 Swiss Steak Mashed Potatoes Green Beans White Bean Salad Cake	6 Polish Sausage with Sauerkraut Red Potatoes San Francisco Veggies Jell-O	7 Pizza 7-Layer Salad Cinnamon Roll
10 French Onion Meatballs Egg Noodles Wax Beans Strawberry Crisp	11 <i>Chef's Choice</i> Chicken Cordon Bleu Sweet Potatoes Bahama Veggies Brownie	12 Pork Roast Mashed Potatoes Peas and Carrots Kidney Bean Salad Muffin	13 Oven Baked Ham Au Gratin Potatoes Baby Carrots Pudding	14 Italian Sausage with Spaghetti Broccoli Garlic Bread Pears
17 Turkey Pot Pie Zucchini Pudding	18 Beef Stew Biscuits Yogurt Fruit	19 BBQ Ribs Twice Baked Potato 5-Way Blend Lemon Cream Pie	20 Beer Battered Cod Rice Pilaf Provence Veggies Cherry Crisp	21 Stuffed Peppers Parsley Potatoes Packer Beans Poke Cake
24 Chicken and Broccoli Fettuccini Alfredo California Veggies Fruit Salad	25 Pasty Pie Carrots Coleslaw Cookie	26 Roast Beef Mashed Potatoes 5-Way Blend Tossed Salad Apple Crisp	27 Kielbasa with Peppers and Onions O'Brien Potatoes Beet Salad Chocolate Cake	28 Tuna Casserole Key Largo Veggies Pudding
31 Pork Fried Rice Oriental Veggies Cottage Cheese Mandarins	Hurley Home Delivery program will be delivering Monday, Wednesday & Fridays for the month of January		Please specify on your menu or when making meal reservations the following: Name and Meal Site Date Dine - In, Carry Out , or Home Delivery **Please Make Reservations 24-Hour In Advance	



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Aging and Disability Resource Center
of the North-Iron County

*PLEASE CIRCLE THE MEALS YOU WANT

*Please make reservations 24 hours in advance!

*Checks can be made to ICHS

*Milk included with every meal

*Items may be changed without notice. **All substituted items meet or exceed USDA standards for RDA.

This menu has been approved by Anna Mooi: Registered Dietician