



# SEPTEMBER 2021

To Make Meal Reservations Call: 715-561-2108 ext. 1 or 0

\*HURLEY: M-F \*SAXON: M-W \*MERCER: TUE-THUR

\*SPRINGSTEAD: WEDNESDAY ONLY \*IRON BELT: THURSDAY ONLY

\* When making meal reservations please specify if your meal reservation will be dine-in, carry-out, or home delivery \*

Monday	Tuesday	Wednesday	Thursday	Friday
CARRY-OUT IS STILL AVAILABLE <u>DINE-IN START DATES</u> Lunch served at 12:00 p.m. Hurley: Aug. 24th - Sept 13 - Tuesday & Thursdays Only September 13th - Monday thru Friday Mercer: September 14th - Tuesday thru Thursday Springstead: September 15th - Wednesday Only Iron Belt: September 16th - Thursday Only		<b>1</b>  Baked Ham Twice Baked Potato Casserole Peas 3 Bean Salad Yogurt & Fruit	<b>2</b>  Turkey Bacon Ranch Wrap Pasta Salad Cottage Cheese Pineapple	<b>3</b>  Taco Salad Nacho Chips Salsa Sour Cream Tres Leche Cake
<b>6</b>  CLOSED	<b>7</b>  <i>Chef's Choice</i> Spaghetti with Meatballs Roasted Zucchini Tossed Salad Strawberry Shortcake	<b>8</b>  Swiss Steak Mashed Potatoes Green Beans Lentil Salad Pudding	<b>9</b>  Beer Battered Cod Wild Rice Blend Brussel Sprouts Scone	<b>10</b>  Turkey Tetrazini Broccoli Jello
<b>13</b>  Pot Roast Potatoes Carrots Beet Salad Muffin	<b>14</b>  Tuna Noodle Casserole California Blend Ice Cream	<b>15</b>  Pork and Kraut Mashed Potatoes Bahama Veggies Kidney Bean Salad Chocolate Cake	<b>16</b>  Pasty Pie Packer Beans Coleslaw Fruit Cocktail	<b>17</b>  Kielbasa with Peppers and Onions Rice Pilaf Cauliflower Cinnamon Roll
<b>20</b>  Beef Stroganoff Egg Noodles Corn Pudding	<b>21</b>  Scalloped Potatoes Ham Key Largo Veggies Peaches	<b>22</b>  BBQ Chicken Mashed Potatoes Corn and Black Bean Salad Pineapple Cream Pie	<b>23</b>  Sweet and Sour Ribs Rice Oriental Veggies Poke Cake	<b>24</b>  Sweedish Meatballs Baby Reds Veggie Blend Donut
<b>27</b>  Parmesan Crusted Tilapia Roast Sweet Potatoes Green Beans Caramel Apple Salad	<b>28</b>  Liver Onions and Bacon Parsley Potatoes San Fran Blend Banana Bread	<b>29</b>  Beef Wellington Mashed Potatoes 5 Way Blend Cuke Salad Cherry Crisp	<b>30</b>  Chicken Parmesan Burger Garlic Spaghetti Broccoli Lemon Cheesecake	



**Find us on Facebook:**  
 Aging and Disability Resource Center  
 of the North-Iron County

\*PLEASE CIRCLE THE MEALS YOU WANT  
 \*Please make reservations 24 hours in advance!  
 \*Checks can be made to ICHS  
 \*Milk included with every meal

\*Items may be changed without notice. \*\*All substituted items meet or exceed USDA standards for RDA.  
 This menu has been approved by Anna Mooi: Registered Dietician