



AUGUST 2021

*HURLEY: M-F 561-2108 *SAXON: M-W 893-2333 *MERCER: TUE-THUR 476-2113

*SPRINGSTEAD: WEDNESDAY ONLY 476-2113 *IRON BELT: THURSDAY ONLY

MAILING ADDRESS: 300 Taconite Street-Suite 201- Hurley, WI 54534

Monday	Tuesday	Wednesday	Thursday	Friday
2 Beef Stew Biscuit Waldorf Salad Jell-O	3 Cranberry Walnut Chicken Salad Croissant Chips Broccoli Slaw Pudding	4 Meatloaf Mashed Potatoes Green Beans Kidney Bean Salad Apple Crisp	5 Salmon Patty Wild Rice Pilaf Peas Muffin	6 Tater Tot Casserole Copper Penny Salad Fruit
9 Chicken Cordon Bleu Baby Reds Corn Pears	10 <i>Chefs Choice**</i> Cheese Ravioli Meatballs Broccoli/Cauliflower Sherbert	11 BBQ Pork Mashed Potatoes 5 Way Blend Beet Salad Coconut Cream Pie	12 California Wrap Pasta Salad Cherry Crisp	13 Chili Cornbread Cookies
16 Pot Roast Egg Noodles Green Beans Donut	17 Beer Battered Cod Tater Tots Peas and Carrots Cake	18 Oven Fried Chicken Mashed Potatoes Corn and Black Bean Salad Yogurt and Fruit	19 Ring Bologna Mac and Cheese Zucchini Strawberry Shortcake	20 Cheeseburger Steak Fries Baked Beans Pudding
23 Pepper Steak Garlic Spaghetti Broccoli Ambrosia	24 Sweet and Sour Pork Rice Stir Fry Veggies Cottage Cheese	25 Roast Beef Mashed Potatoes Carrots White Bean Salad Peach Crisp	26 Tortilla Crusted Tilapia Spanish Rice Mexican Slaw Churros	27 Pizza Tomato and Cuke Salad Jell-O
30 Chicken Pot Pie Brussel Sprouts Cookies Peaches	31 Hungarian Goulash Egg Noodles Packer Beans Cinnamon Roll	****PLEASE NOTE NEW CHANGE: **** Iron Belt Meal site will be served Wednesday's listings each Thursday. Saxon and Iron Belt please call ADRC local office at 715-561-2108 for meal reservations until further notice		** <i>Chefs Choice</i> ** Mercer Rueben Casserole Veg Blend Garlic Bread Sherbert



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Aging and Disability Resource Center
of the North-Iron County

*PLEASE CIRCLE THE MEALS YOU WANT

*Please make reservations 24 hours in advance!

*Checks can be made to ICHS

*Milk included with every meal

*Items may be changed without notice. **All substituted items meet or exceed USDA standards for RDA.

This menu has been approved by Anna Mooi: Registered Dietician