



APRIL 2021

*HURLEY: M-F 561-2108 *SAXON: M-W 893-2333 *MERCER: TUE-THUR 476-2113
*SPRINGSTEAD: WEDNESDAY ONLY 476-2113 *IRON BELT: THURSDAY ONLY

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Swedish Meatball Penne Pasta Broccoli Jello	2 CLOSED <i>GOOD Friday</i>
5 Chicken Barley Stew Biscuits Cottage Cheese Peaches	6 Chefs Choice Reuben Casserole Baby Red Potatoes Tossed Salad Cookie	7 Spring Party Pork Chop Stuffing Bake Prince Edward Veg Kidney Bean Salad Coconut Cloud Cake	8 Turkey Tetrzzini Egg Noodles Carrots Pudding	9 Cheeseburger Steak Fries Baked Beans Donut
12 Tuna Casserole Tomato Salad Cinnamon Roll	13 Orange Chicken Rice Stir Fry Veg Yogurt and Fruit	14 Salisbury Steak Mashed Potatoes 5 Way Blend Cherry Dreamcake	15 Ham Scalloped Potatoes Roast Zucchini Tropical Fruit	16 Philly Cheesesteak Pizza Coleslaw Brownie
19 Ring Bologna Mac & Cheese Wax Beans Apple Crisp	20 Cheeseburger Pie Tater Tots Country Blend Pears	21 Chicken & Broccoli Alfredo Bake Spinach & Strawberry Salad Muffin	22 Pork Stir Fry Rice Asian Ramen Salad Blueberry Cream Croissant	23 Sweet & Sour Chicken Strips Sweet Potatoes Peas Mixed Fruit
26 Baked Cod Buttered Parsley Potatoes Peas & Carrots Pudding	27 Chicken & Biscuit Bake Copper Penny Salad Holy Moly Cake	28 Beef Wellington Mashed Potatoes San Fran Blend Frog Eye Salad	29 Mexican Lasagna Fire Roasted Corn Churros	30 BBQ Pulled Pork Pretzel Bun Potato Wedges Broccoli Slaw Pinapple



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Aging and Disability Resource Center
of the North-Iron County

*PLEASE CIRCLE THE MEALS YOU WANT
*Please make reservations 24 hours in advance!
*Checks can be made to ICHS
*Milk included with every meal

*Items may be changed without notice. **All substituted items meet or exceed USDA standards for RDA.
This menu has been approved by Anna Mool: Registered Dietician