



MARCH 2021

*HURLEY: M-F 561-2108 *SAXON: M-W 893-2333 *MERCER: TUE-THUR 476-2113

*SPRINGSTEAD: WEDNESDAY ONLY 476-2113 *IRON BELT: THURSDAY ONLY

Monday	Tuesday	Wednesday	Thursday	Friday
1 Tater Tot Casserole Roasted Zucchini Cottage Cheese Mandarin Oranges	2 Kielbasa with Peppers & Onions O'Brien Potatoes Tomato Salad Pudding	3 Swiss Steak Mashed Potatoes 5 Way Blend Tossed Salad Apple Cinnamon Roll Cake	4 Salmon Patty Ranch Red Potatoes Cream Peas Peach Cobbler	5 Chicken Stroganoff Rice Green Beans Cookies
8 Stuffed Chili Poblano Peppers Spanish Rice Corn & Black Bean Salad Éclair Cake	9 <i>Chef's Choice</i> Chicken Parmesan Polenta Garlic Bread Kale Salad Strawberry Yogurt	10 Baked Ham Au gratin Potatoes Broccoli 3 Bean Salad Tropical Fruit	11 Hungarian Goulash Egg Noodles Bahama Blend Jello	12 Tuna Noodle Casserole Carrots Cherry Crisp
15 Chicken Cordon Bleu Roasted Sweet Potatoes Country Blend Pudding	16 Sloppy Joes Tater Tots Corn Coleslaw Peaches	17 <i>St. Patty's Day</i> Corn Beef & Cabbage Dinner Cucumber Bean Salad Chocolate Mint Brownie	18 Pasty Pie Packer Beans Ambrosia	19 Lemon Garlic Butter Baked Cod Wild Rice Blend Peas Cake
22 Beer Battered Cod Rice Pilaf Blend Provence Veggies Cinnamon Roll	23 Stuffed Manicotti Meat Sauce Broccoli Spinach Salad Pears	24 BBQ Pork Mashed Potatoes San Francisco Veggies Kidney Bean Salad Muffin	25 Supreme Pizza Copper Penny Salad Yogurt & Fruit	26 Chicken & Sausage Peppers & Onions Roasted Red Potatoes Brussel Sprouts Salted Caramel Cheesecake
29 Beef Tips Egg Noodles Parisian Carrots Fresh Fruit	30 Sweet & Sour Pork Rice Egg Rolls Cookies	31 Turkey Mashed Potatoes Succotash Stuffing Cranberries		



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Aging and Disability Resource Center
of the North-Iron County

***PLEASE CIRCLE THE MEALS YOU WANT**

***Please make reservations 24 hours in advance!**

***Checks can be made to ICHS**

***Milk included with every meal**

*Items may be changed without notice. **All substituted items meet or exceed USDA standards for RDA.

This menu has been approved by Anna Mooi: Registered Dietician