



JANUARY 2021

*HURLEY: M-F 561-2108 *SAXON: M-W 893-2333 *MERCER: TUE-THUR 476-2113
 *SPRINGSTEAD: WEDNESDAY ONLY 476-2113 *IRON BELT: THURSDAY ONLY

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|--|
| | | | | 1 CLOSED |
| Happy New Year! | | | | |
| 4 Tuna Casserole California Blend Scone | 5 <i>Chef's Choice</i> Pasty Pie Country Blend Yogurt Fruit | 6 Swiss Steak Mashed Potatoes Green Beans Beet Salad Pineapple Upside Down Cake | 7 Pork and Kraut Spaetzel Vegetable Medley Cucumber Salad Applesauce | 8 Liver and Onions German Potato Salad Peas and Carrots Cinnamon Roll |
| 11 Swedish Meatballs Egg Noodles Wax Beans Strawberry Crisp | 12 Rueben Casserole Roasted Red Potatoes Cottage Cheese Jello | 13 Party Pork Chops Mashed Potatoes Peas Kidney Bean Salad Ambrosia | 14 Chicken A la King Biscuit Provence Vegetables Cookie | 15 Salmon Patty Rice Pilaf Parisian Carrots Muffin |
| 18 Turkey Pot Pie Zucchini Peaches | 19 Scalloped Potatoes and Ham Roasted Cauliflower Pudding | 20 Pot Roast Potatoes Carrots 3 Bean Salad Apple Crisp | 21 Polish Casserole Brussel Sprouts Oreo Poke Cake | 22 Chicken and Broccoli Alfredo Pizza 7 Layer Salad Donut |
| 25 Sweet and Sour Pork Rice Egg Roll Ramen Salad Mandarins | 26 Chicken Scampi Garlic Spaghetti Garlic Bread Broccoli Jello | 27 Parmesan Crusted Cod O Brien Potatoes Green Beans Coconut Cream Pie | 28 Pepper Steak Rice Key Largo Vegetable Waldorf Salad | 29 BBQ Ribs Twice Baked Potatoes Baked Beans Pudding |



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 Aging and Disability Resource Center
 of the North-Iron County

- *PLEASE CIRCLE THE MEALS YOU WANT
- *Please make reservations 24 hours in advance!
- *Checks can be made to ICHS
- *Milk included with every meal

*Items may be changed without notice. **All substituted items meet or exceed USDA standards for RDA.
 This menu has been approved by Anna Mooi: Registered Dietician