



DECEMBER 2020

*HURLEY: M-F 561-2108 *SAXON: M-W 893-2333 *MERCER: TUE-THUR 476-2113

*SPRINGSTEAD: WEDNESDAY ONLY 476-2113 *IRON BELT: THURSDAY ONLY

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Spaghetti with Meat Sauce Broccoli Tossed Salad Jello	2 Meatloaf Mashed Potatoes Kidney Bean Salad Tropical Fruit	3 Beer Battered Cod O'Brien Potatoes Peas and Carrots Peach Cobbler	4 Turkey Tetrazini Brussel Sprouts Muffins
7 Beef Stew Biscuit Fruit	8 <i>Chef's Choice</i> Porcupine Meatballs Egg Noodles Carrot Cake	9 Pork Roast Mashed Potatoes Packer Beans Beet Salad Apple Crisp	10 Chicken Pot Pie Broccoli Cauliflower Salad Pudding	11 Chili Corn Bread Pumpkin Bars
14 Lemon Chicken Wild Rice Zucchini Fruit	15 Tortilla Crusted Tilapia Baby Reds Corn and Black Bean Salad Cookies	16 Christmas Party Roast Beef Mashed Potatoes Green Beans Cranberry Crunch Dessert	17 Hungarian Goulash Egg Noodles Monte Carlo Blend Copper Penny Salad Cinnamon Roll	18 Ring Bologna Parsley Potatoes Peas Jello
21 Pepper Steak Rice Cauliflower Cottage Cheese Fruit	22 Chicken Alfredo Bake California Blend Peaches and Cream Bar	23 Sloppy Joes Tater Tots Baked Beans Strawberry Shortcake	24 CLOSED	25 CLOSED
28 Kielbasa Peppers and Onions Wedge Fries Broccoli Donut	29 Cheese Ravioli Meatball Italian Bread Spinach Salad Yogurt with Fruit	30 BBQ Chicken Twice Baked Potatoes Corn White Bean Salad Ambrosia	31 CLOSED	<i>Merry Christmas</i>



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Aging and Disability Resource Center
of the North-Iron County

***PLEASE CIRCLE THE MEALS YOU WANT**

***Please make reservations 24 hours in advance!**

***Checks can be made to ICHS**

***Milk included with every meal**

*Items may be changed without notice. **All substituted items meet or exceed USDA standards for RDA.

This menu has been approved by Anna Mooi: Registered Dietician