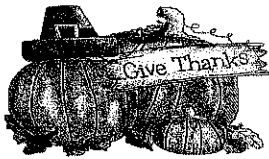
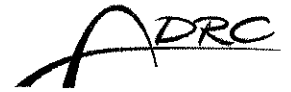


Aging & Disability Resource Center-Iron County



NOVEMBER 2020



*HURLEY: M-F 561-2108 *SAXON: M-W 893-2333 *MERCER: TUE-THUR 476-2113
 *SPRINGSTEAD: WEDNESDAY ONLY 476-2113 *IRON BELT: THURSDAY ONLY

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Cordon Bleu Wild Rice Blend Vegetable Blend Pears	3 Beef Stroganoff Egg Noodles Green Beans Kidney Bean Salad Pudding	4 Pork Chop Stuffing Bake 5 Way Blend 7 Layer Salad Apple Crisp	5 Salmon Filet Rustic Italiano Vegetable Bake Muffin	6 Scalloped Potatoes Ham Brussel Sprouts Mixed Fruits
9 Tuna Croissant Macaroni Salad Chips Fruit	10 <i>Chef's Choice</i> Pasty Pie 3 Bean Salad Pumpkin Lush	11 Oven Fried Chicken Sweet Potatoes Bahama Blend Pea Salad Jello	12 Polish Casserole French Green Beans Marble Rye Cookies	13 Liver and Onions Parsley Potatoes Peas and Carrots Cake
16 Chicken a la King Biscuit Broccoli Cinnamon Roll	17 Stuffed Peppers Baby Red Potatoes Beet Salad Cherry Cobbler	18 <i>Party!</i> Turkey Dinner with all the fixin's! Pumpkin Pie	19 Pulled BBQ Pork Sandwich Baked Beans Coleslaw Fruit	20 Cheesy Tater Tot Casserole Cauliflower Yogurt
23 Brat Burger Steak Fries Corn and Black Bean Salad Cookie	24 Lasagna Broccoli Tossed Salad Strawberry Cheesecake	25 Shephard's Pie Cheesy Cannelleni Beans Sherbet	26 CLOSED	27 CLOSED
30 Beef Tips Egg Noodles Winter Blend Mandarins				



Find us on Facebook:
 Aging and Disability Resource Center
 of the North-Iron County

- *PLEASE CIRCLE THE MEALS YOU WANT
- *Please make reservations 24 hours in advance!
- *Checks can be made to ICHS
- *Milk included with every meal