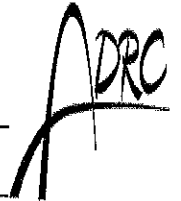


Aging & Disability Resource Center-Iron County



JULY 2020



HURLEY: M-F 561-2108 IRON BELT: THUR SAXON: M-W 893-2333
 SPRINGSTEAD: WED 476-2113 or 800-950-8744 MERCER: TUE-THUR 476-2113 or 800-950-8744

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
			1 Salisbury Steak Mashed Potatoes Peas and Carrots 3 Bean Salad Jello	2 Lemon Chicken Sweet Potatoes Roasted Cauliflower Peaches	3 CLOSED	4
5	6 Brat Burger Wedge Fries Baked Beans Pudding	7 <i>Chef's Choice</i> Cheese Ravioli Meatballs Broccoli Strawberry Cream Pie	8 Roasted Turkey Mashed Potatoes San Francisco Vegetables Cranberry Salad	9 Kielbasa with Peppers and Onions Garden Blend Rice Monte Carlo Veg Lemon Cheesecake	10 Tuna Casserole Apple Raisin Salad Chocolate Chip Muffin	11
12	13 Pizza Pea Salad Blueberry Crisp	14 Cabbage Rolls Parsley Potatoes Green Beans Donut	15 <i>Party</i> Pork Chop Mashed Potatoes 5 Way Blend Apple Sauce	16 Hungarian Goulash Egg Noodles Bahama Vegetables Cream Puff	17 Turkey Pot Pie Broccoli and Cauliflower Salad Pudding	18
19	20 Vegetable Lasagna Tomato Cuke Salad Sherbet	21 Beer Battered Cod Filets Wild Rice Blend Peas Pears	22 Baked Chicken Mashed Potatoes Country Blend Kidney Bean Salad Ambrosia	23 Sloppy Joes Tater Tots Corn Cookies	24 Beef Stew Buttermilk Biscuit Pudding	25
26	27 Chicken Cordon Bleu Parmesan Pasta Roasted Brussel Sprouts Mandarin Oranges	28 Baked Ham AuGratin Potatoes Carrots Pinnacle Upside Down Cake	29 Roast Beef Mashed Potatoes Vegetable Blend Beet Salad Jello	30 Salmon Filet Cheesy Rice and Broccoli White Bean Salad Cherry Crisp	31 Italian Sausage Polenta Roasted Zucchini Strawberry Shortcake	Milk included with every meal

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Aging and Disability Resource Center
of the North-Iron County

PLEASE CIRCLE THE MEALS YOU WANT

Please make reservations 24 hours in advance!

Checks can be made to ICHS