

# Aging & Disability Resource Center- Iron County



## June 2020



Beginning December 2nd Please call ADRC local office @ 715-561-2108

Hurley M-F 561-2108 Iron Belt Thur 561-2091 Saxon M-W 893-2333  
Springstead Wed 476-2113 or 800-950-8744 Mercer Tue-Thu 476-2113 or 800-950-8744

	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
	<b>1</b> Turkey Cranberry Walnut Croissant Pasta Salad Pudding  Card Games	<b>2</b> Beef Stroganoff Egg Noodles 7 Layer Salad Fruit  Card Games	<b>3</b> Pork Roast Mashed Potatoes Corn 3 Bean Salad Apple Crisp  Bingo	<b>4</b> Pasty Pie Country Blend Tomato Salad Jello	<b>5</b> Fish Tacos Coleslaw Cowboy Caviar Pineapple	<b>6</b>
<b>7</b>	<b>8</b> Beef Stew Biscuit Broccoli Slaw Cinnamon Twist  Card Games	<b>9</b> <i>Chef's Choice</i> Stuffed Peppers Baby Reds Kidney Bean Salad Fruit Salad  Card Games	<b>10</b> Baked Chicken Mashed Potatoes Bahama Veggies Spinach Strawberry Salad  Bingo	<b>11</b> Ring Bologna Mac and Cheese Green Bean Almondine Muffin	<b>12</b> BLT Croissant Potato Salad Cottage Cheese Mandarin Oranges	<b>13</b>
<b>14</b>	<b>15</b> Chili Power Blend Salad Corn Muffin Pudding  Card Games	<b>16</b> Meatloaf Mashed Potatoes Peas and Pearl Onions Cookies  Card Games	<b>17</b> Father's Day BBQ Ribs Baked Potatoes San Fran Blend Veg Coleslaw Chocolate Cake  Bingo	<b>18</b> Lasagna Broccoli Tossed Salad Garlic Bread Ambrosia	<b>19</b> Pizza Bean Salad Yogurt with Fruit	<b>20</b>
<b>21</b>	<b>22</b> Mushroom Swiss Burger Tater Tots Baked Beans Ice Cream Bar  Card Games	<b>23</b> Chef Salad Breadstick Poke Cake  Card Games	<b>24</b> Roast Beef Mashed Potatoes Monte Carlo Blend Cream Puff  Bingo	<b>25</b> Salmon Patties Baby Reds Cream Peas Watermelon	<b>26</b> Scalloped Potatoes and Ham Corn Tomato Salad Apple Crisp	<b>27</b>
<b>28</b>	<b>29</b> Chicken Pot Pie Roast Brussel Sprouts Cranberry Apple Quinoa Salad  Card Games	<b>30</b> Breaded Haddock Potatoes O Brien Parisian Carrots Blueberry Pie  Card Games				Bread & Milk Included with every meal

**PLEASE...CIRCLE THE MEALS YOU WANT**

Please...Make reservations 24 hours in advance and write checks to ICHS

This menu has been approved by Anna Mooi: Registered Dietician

\* Items may be changed without notice. All substituted items meet or exceed USDA standards for RDA.

**Please**

Sign Your Name And On  
Your Check What Month You  
Are Paying For