



# HURLEY SENIOR CENTER

## NOVEMBER 2019



Hurley M-F 561-2108 Iron belt Thur 561-2091 Saxon M-W 893-2333

Springstead Wed 476-2113 or 800-950-8744 Mercer Tue-Thu 476-2113 or 800-950-8744

Sun	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	
		Please Sign Your Name and What Month You Are Paying For On Your Check What Month			<b>1</b> Battered Cod Roasted Red Potatoes Peas Copper Penny Salad Donut	<b>2</b>	
<b>3</b>		<b>4</b> Pizza Caesar Salad Icecream Bar	<b>5</b> Beef Stroganoff Egg Noodles Green Beans Kidney Bean Salad Smores Bars  Card Games	<b>6</b> Baked Chicken Sweet Potato Bahama Blend Veggies Pasta Salad Pistachio Poke Cake Bingo	<b>7</b> Pork Cutlet Mashed Potatoes Sweet and Sour Cabbage Spinach Salad Apple Sauce	<b>8</b> Gnocchi Meat Sauce Prince Edward Veggies 7 Layer Salad Jello	<b>9</b>
<b>10</b>		<b>11</b> Chicken Cordon Bleu Wild Rice Blend Peas and Carrots Beet Salad Chocolate Fudge Pudding	<b>12</b> <i>Chef's Choice</i>  Boiled Dinner Mixed Fruit Apple Crisp  Card Games	<b>13</b> Porcupine Meatballs Mashed Potatoes Carrots 3 Bean Salad Yogurt with Fruit  Bingo	<b>14</b> Tuna Noodle Casserole Packer Beans Cottage Cheese Peach Cobbler	<b>15</b> BBQ Pork Twice Baked Potatoes California Blend Coleslaw Brownies	<b>16</b>
<b>17</b>	<b>18</b> Beef and Broccoli Stir Fry Rice Egg Rolls Ramen Noodle Salad Mandarins	<b>19</b> French Toast Ham Scrambled Eggs Juice Tropical Fruit  Card Games	<b>20</b> <i>Party</i> Turkey Dinner with All the Fixings! Cranberries Pumpkin Cheesecake Bingo	<b>21</b> Pasty Pie Country Blend Tomato Salad Sherbet	<b>22</b> Brat Burger Wedge Fries Baked Beans Broccoli Salad Muffin	<b>23</b>	
<b>24</b>	<b>25</b> Spaghetti Meatballs California Blend Spinach Salad Garlic Bread Chocolate Chip Cannoli	<b>26</b> Chicken Pot Pie Broccoli Tossed Salad Pudding  Card Games	<b>27</b> Pot Roast Potatoes Carrots Cuke Salad Cookies  Bingo	<b>28</b> Closed  	<b>29</b> Closed	Bread & Milk Included with every meal	

**PLEASE...CIRCLE THE MEALS YOU WANT**

Please...Make reservations 24 hours in advance

This menu has been approved by Anna Mooi: Registered Dietician

\* Items may be changed without notice. All substituted items meet or exceed USDA standards for RDA.

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