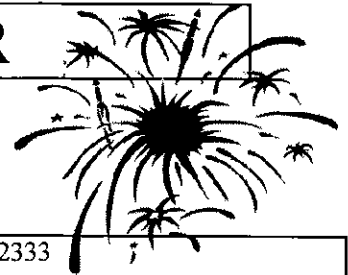




HURLEY SENIOR CENTER

JULY 2019



Hurley M-F 561-2108 Iron belt Thur 561-2091 Saxon M-W 893-2333

Springstead Wed 476-2113 or 800-950-8744 Mercer Tue-Thu 476-2113 or 800-950-8744

	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
	1 Pepper Steak Egg Noodles Carrots Melon Ice Cream	2 Lemon Chicken Roasted Sweet Potatoes Broccoli Cottage Cheese Peaches Card Games	3 Salisbury Steak Mashed Potatoes Peas and Carrots BBQ 3 Bean Salad Cake Bingo	4 CLOSED <i>Happy 4th of July</i>	5 CLOSED	6
7	8 Scalloped Potatoes and Ham Corn Tomato Salad Apple Crisp	9 <i>Chef's Choice</i> Taco Salad Chips and Salsa Watermelon Churros Card Games	10 Pork and Kraut Roast Red Potatoes Sweet and Sour Cabbage 7 Layer Salad Yogurt and Fruit Bingo	11 Breaded Haddock Garden Blend Rice Green Beans Coleslaw Jello	12 BLT Croissant Pasta Salad Cottage Cheese Peaches and Cream Bars	13
14	15 Chicken Pot Pie Roasted Brussel Sprouts Quinoa Salad Pudding	16 Stuffed Peppers Parsley Potatoes Packer Beans Fruit Salad Scone Card Games	17 PARTY BBQ Chicken Mashed Potatoes Green Bean Almondine Spinach Salad Sherbet Bingo	18 Hungarian Goulash Egg Noodles Country Blend Broccoli Salad V8 Juice Cinnamon Roll	19 Tuna Casserole Brown Sugar Carrots Tossed Salad Jello	20
21	22 Sloppy Joes Tater Tots Baked Beans Carrot Slaw Blueberry Crisp	23 Kielbasa with Peppers and Onions Wild Rice Monte Carlo Veg Tomato Cuke Salad Poke Cake Card Games	24 Swiss Steak Mashed Potatoes San Fran Veg Beet Salad Peach Cobbler Bingo	25 Pizza Pea Salad Yogurt Muffins	26 Chicken Alfredo and Broccoli Bake Italian Corn Salad Italian Ice	27
28	29 Chicken Bacon Ranch Wrap Potato Salad Coleslaw Pudding	30 Lasagna Garlic Bread Bahama Blend Tossed Salad Cookies Card Games	31 Pork Chop Mashed Sweet Potatoes Tomato Salad Cottage Cheese Ambrosia Bingo	<i>Chef's Choice</i> * Saxon: Taco Salad, Watermelon, Key Lime Cream Puffs * Mercer: Liver and Onions, Mashed Potatoes, Kidney Bean Salad, Veg, Watermelon * Iron Belt: Meatloaf, Mashed Potatoes and Gravy, Corn, Strawberry Shortcake		

PLEASE...CIRCLE THE MEALS YOU WANT

Please...Make reservations 24 hours in advance

This menu has been approved by Anna Mooi; Registered Dietician

* Items may be changed without notice. All substituted items meet or exceed USDA standards for RDA.

Bread & Milk Included with
every meal