



Iron County Dining Centers

MARCH 2019



MENU HAPPENINGS

Hurley 561-2108 M-F	Iron Belt 561-2091 Thursday	Mercer 476-2113 or 1-800-950-8744 Tuesday-Thursday	Saxon 893-2333 Monday-Wednesday	Springstead - Wednesday 476-2113 or 1-800-950-8744
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Mon. Tues. Wed. Thurs. Fri. Sat.

PLEASE MAKE RESERVATIONS 24 HOURS IN ADVANCE	PLEASE...CIRCLE THE MEALS YOU WANT					1 Parmesan Chicken Butter Noodles Green Beans Blackberry Spinach Salad Cookies	2
	3	4 Pizza Pasta Salad Mixed Fruit Salad Pudding	5 Chef's Choice Baked Chicken Polenta Red Sauce Broccoli Chocolate Cannoli Card Games	6 Ash Wednesday Salmon Filet Wild Rice Blend Peas with Pearl Onions Tossed Salad Yogurt and Fruit Bingo	7 Stuffed Peppers Parsley Potatoes Key Largo Blend Kidney Bean Salad Bread Pudding	8 Cheese Manicotti Marinara Sauce Tomato and Cuke Salad Jello	9
	10	11 Turkey Cordon Bleu Casserole Bahama Blend 7 Layer Salad Cookies	12 Vegetarian Chili Corn Muffin Coleslaw Cinnamon Twist Card Games	13 St. Patty's Party Corn Beef Cabbage Potatoes Cuke Salad Shamrock Pudding Bingo	14 Sweet and Sour Pork Rice Egg Rolls Stir Fry Veggies Ramen Noodle Salad Mandarin Oranges	15 Baked Cod Baked Potato Peas and Carrots 5 Bean Salad Raspberry Muffin	16
	17	18 Lemon Chicken Parmesan Noodles Winter Blend Lentil Sald Peach Cobbler	19 Sloppy Joes Potato Wedges Baked Beans Broccoli Slaw Donut Card Games	20 Swiss Steak Mashed Potatoes Brussel Sprouts Beet Salad Fruit Salad Bingo	21 Ham and Swiss Casserole Carrots Tomato Salad Ice Cream	22 Tuna Salad Croissant Tomato Soup Pea Salad Chocolate Lasagna	23
	24	25 Cheeseburger Tater Tots Corn Cottage Cheese Peaches	26 Lasagna Garlic Bread San Francisco Blend Tossed Salad Sherbet Card Games	27 Pork and Kraut Red Potatoes Packer Beans Copper Penny Salad Strawberry Shortcake Bingo	28 Roast Chicken Sweet Potatoes Green Beans Spinach Salad Cranberry Fluff	29 Breaded Haddock Rice Pilaf Country Blend Coleslaw Cake	Vegetable, Fruit / Salad, Dessert Bread & Milk Included with every meal

EVENTS:

- Chef's Choice*
- * Saxon~ Italian Sausage with Polenta, Red Sauce, Monte Carlo Blend, Kidney Bean Salad, Ice Cream
 - * Mercer~ Pork, Mashed Potatoes, Veggies, Pumpkin Cream Cheese Bars
 - * Iron Belt~March 7th: Breakfast: Eggs, Sausage, Hash Browns, Fruit, Cinnamon Twist

This menu has been approved by Anna Mooi: Registered Dietician
* Items may be changed without notice. All substituted items meet or exceed USDA standards for RDA.