



Aging Unit of Iron County



FEBRUARY 2019

MENU HAPPENINGS

Hurley 561-2108 M-F	Iron Belt 561-2091 Thursday	Mercer 476-2113 or 1-800-950-8744 Tuesday-Thursday	Saxon 893-2333 Monday-Wednesday	Springstead - Wednesday 476-2113 or 1-800-950-8744
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	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	
PLEASE RESERVE MEALS 24 HOURS IN ADVANCE					1 Kielbasa with Peppers and Onions Baby Reds 3 Bean Salad Cinnamon Roll	2	
	3	4 Turkey Cordon Bleu Casserole Key Largo Veggies 7 Layer Salad Pudding	5 <i>Chef's Choice</i> Tour of Italy Meat Raviolis Stuffed Shells Italian Sausage Broccoli Tomato Salad Pumpkin Cake	6 Roast Beef Mashed Potatoes Carrots Kidney Bean Salad Tropical Fruit	7 Salmon Patties Rice Pilaf Cream Peas Copper Penny Salad Blueberry Pie	8 Brat Burger Potato Wedges Baked Beans Sauerkraut Salad Muffin	9
	10	11 Tuna Casserole Packer Beans Spinach Salad Cottage Cheese Peaches	12 Pasty Pie Coleslaw Corn with Pimentos Jello with Fruit	13 <i>Valentine's Day</i> Chicken Kiev Mashed Sweet Potatoes Green Beans Almandine Beet Salad Cookies	14 Hungarian Goulash Egg Noodles Country Blend Bean Salad Cake	15 Baked Cod Baked Potatoes Peas and Carrots Cucumber Salad Scones	16
	17	18 Pizza Pasta Salad Donuts	19 BBQ Pulled Chicken Sandwich Red Potato Salad Broccoli Slaw Apple Crisp	20 Chopped Steak with Mushrooms and Onions Mashed Potatoes San Francisco Blend Tossed Salad Cream Puff	21 Breaded Haddock Pinecone Potatoes Brussel Sprouts Italian Salad Brownie Smores	22 Stuffed Pepper Casserole Carrots Cottage Cheese Pears	23
	24	25 Chili Corn Bread Carrot Slaw Ice Cream Sundae	26 French Toast Sausage Links Egg Scramble Juice Mixed Fruit	27 Creamy Almond Chicken Garden Blend Rice Veggie Blend Waldorf Salad Cookies	28 Pork Lo Mein Stir Fry Veggies Asian Slaw Mandarin Oranges	<i>Chef's Choice</i> * Saxon™ Rueben Sandwich, Bacon Cheddar Tator Tots, Pumpkin Cake * Mercer™ Boiled Dinner, Pasta Salad, Pumpkin Cake * Iron Belt™ Feb 14th Meatloaf, Carrots & Peas, Tossed Salad, Strawberry Cheese Bars	



PLEASE...CIRCLE THE MEALS YOU WANT

This menu has been approved by Anna Mooi: Registered Dietician

* Items may be changed without notice. All substituted items meet or exceed USDA standards for RDA.