



# HURLEY SENIOR CENTER

## January 2019

Hurley M-F 561-2108 Iron belt Thur 561-2091 Saxon M-W 893-2333  
 Springstead Wed 476-2113 or 800-950-8744 Mercer Tue-Thu 476-2113 or 800-950-8744

Mon. Tues. Wed. Thurs. Fri. Sat.

		1	2		3	4	5
		<b>CLOSED</b>	Baked Chicken Mashed Potatoes Stuffing Corn Tomato Juice Tropical Fruit	Cheeseburger Wedge Fries Baked Beans Blueberry Broccoli Salad Cupcakes	Pork Tips over Polenta Key Largo Veggies Tossed Salad Donuts		
6	7	8	9	10	11	12	
Pepper Steak Egg Noodles Parisian Carrots Cottage Cheese Fruit	<i>Chef's Choice*</i> French Toast Scrambled Eggs Sausage Links Orange Juice Cranberry and White Chocolate Scone Card Games	Meat Ravioli Marinara Sauce California Blend Waldorf Salad Cream Cheese Bars  Bingo	Orange Chicken Rice Stir Fry Veggies Asian Slaw Sherbet	Baked Haddock Baby Reds Roasted Brussel Sprouts 3 Bean Salad Poke Cake			
13	14	15	16	17	18	19	
Swedish Meatballs Spinach Noodles Country Blend Copper Penny Salad Pudding	Salmon Filet Garden Rice Pilaf San Francisco Veggies Cucumber Salad Yogurt and Fruit  Card Games	<b>Party</b> Pork Roast Mashed Potato Peas and Carrots Sauerkraut Salad Strawberry Shortcake Bingo	White Chicken Chili Cornbread Cowboy Caviar Cookies	Sloppy Joes Tater Tots Baked Beans Coleslaw Ice Cream Sundae			
20	21	22	23	24	25	26	
Beef Stew Biscuits Apple Raisin Salad Peach Cobbler	Spaghetti and Meatballs Broccoli Tossed Salad Biscotti  Card Games	Ham and Scalloped Potatoes Green Beans Pea Salad Cherry Pie  Bingo	Chicken Florentine Tricolor Pasta Tomato Salad Cinnamon Twist	Greek Salad Breadstick Blueberry Muffin			
27	28	29	30	31			Bread & Milk Included with every meal
Beef Burrito Lettuce/Tomatoes Refried Beans Cheese Spanish Rice Snickerdoodles	Chicken Pot Pie Tomato and Cuke Salad Pistachio Fluff	Meatloaf Mashed Potatoes Cream Corn Spinach Salad Boston Cream Pie  Bingo	Pork Chop Sweet Potatoes Packer Beans Beet Salad Apple Pie				

\* Chef's Choice Varies by Location. Please call location for accurate menu offering.

**PLEASE...CIRCLE THE MEALS YOU WANT**

Please...Make reservations 24 hours in advance

This menu has been approved by Anna Mooi: Registered Dietician

\* Items may be changed without notice. All substituted items meet or exceed USDA standards for RDA.

**Please**

Sign Your Name And On  
Your Check What Month You  
Are Paying For