



Aging Unit of Iron County

APRIL 2016



MENU HAPPENINGS

Hurley 561-2108 Mon. to Fri.		Mercer 476-2113 or 1-800-950-8744 Tues. to Thurs.		Saxon 893-2333 Tues. to Thurs		Springstead - Wed 476-2113 or 1-800-950-8744	
Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	
PLEASE MAKE RESERVATIONS 24 HOURS IN ADVANCE					1 Pasty Pie Carrots Cuke Salad Cookies Bread, Milk	2 Items may be changed without notice. All substituted items meet or exceed USDA standards for your RDA.	
	3	4 Pot Roast Baked Potatoes Carrots Cottage Cheese Pudding Bread, Milk	5 Chicken Pot Pie Tossed Salad Cake Bread, Milk Card Games	6 Salisbury Steak Egg Noodles Peas & Carrots Fruit Cocktail Ice Cream Bread, Milk Bingo Games	7 Stuffed Green Peppers Parsley Potatoes, Nectarines Cranberry Juice Bread, Milk Card Games	8 Beef Stew 3-Bean Salad Donuts Bread, Milk	
	10	11 Pork & Kraut Spaetzle Green Beans Fruit Cocktail Pudding Bread, Milk	12 Chef's Choice Cabbage Rolls Baked Potatoes Carrots Tomato Salad Bread Pudding Bread, Milk	13 Italian Chicken Fettuccine Alfredo Broccoli Tossed Salad Sherbert Bread, Milk Bingo Games	14 Swedish Meat Balls Noodles Califlower & Broccoli Orange Juice Jello Bread, Milk Card Games	15 Fish O'Brien Potatoes 5 Way Blend Pasta Salad Blueberry Crisp Bread, Milk	16
	17	18 Beef Tips & Poienta Brussel Sprouts Cottage Cheese Pudding Bread, Milk	19 Hawaiian Luau Party Pork Roast with Rice Pilaf, Country Blend Broccoli Salad Pineapple Card Games	20 Spaghetti Meatballs Green Beans Fruit Salad Bread, Milk Bingo Games	21 Lemon Chicken Pasta Carrots Tomato Juice Jello Bread, Milk	22 Chili, Coleslaw Chocolate Chip Muffin Corn Bread, Milk	23
	24	25 Barbeque Pork Tater Tots Stir Fry Vegetables Fruit Cocktail Pudding Bread, Milk	26 Potato Crusted Cod Baked Potato Apple Crisp Coleslaw Bread, Milk Card Games	27 Beef Roast Mashed Potatoes Broccoli Beet Salad Poke Cake Bread, Milk Bingo Games	28 Chicken Kiev Wild Rice Brownies Grape Juice Bread, Milk	29 Pizza Tossed Salad Peach Cobbler Bread, Milk	30 This menu has been approved by Anna Mooi Registered Dietician.