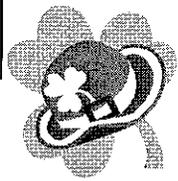


Aging Unit of Iron County



MARCH 2016

MENU HAPPENINGS

Hurley 561-2108 Mon. to Fri.		Mercer 476-2113 or 1-800-950-8744 Tues. to Thurs.			Saxon 893-2333 Tues. to Thurs		Springstead - Wed 476-2113 or 1-800-950-8744	
Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.		
PLEASE MAKE RESERVATIONS 24 HOURS IN ADVANCE		1 Rosemary Chicken Pasta Tossed Salad Pudding Bread, Milk Card Games	2 Meat Loaf Wedge Fries Broccoli Orange Juice Sherbet Bread, Milk Bingo Games	3 Cabbage Rolls Parsley Potatoes, Kidney Bean Salad Jello Bread, Milk	4 Lemon Pepper Fish Baked Potatoes Coleslaw Blue Berry Crisp Bread, Milk	5 items may be changed without notice. All substituted Items meet or exceed USDA standards for your RDA.		
	6	7 Beef Tips & Noodles Carrots Cottage Cheese Pudding Bread, Milk	8 CHEF'S CHOICE Chicken Kiev Rice Pilaf Corn Poke Cake Card Games	9 Ham Mac & Cheese Green Beans Fruit Salad Cake Bread, Milk Bingo Games	10 Pork Roast Mashed Potatoes Country Blend Tossed Salad Jello Bread, Milk	11 Chili, Carrot Salad Blue Berry Muffins Corn Bread, Milk		
	13	14 Barbeque Chicken Tater Tots Stir Fry Vegetables Fruit Cocktail Pudding Bread, Milk	15 St Patrick's Day Corned Beef Cabbage All the fixins' Card Games	16 Swiss Steak Meatballs Noodles Wax Beans Tomato Juice Ice Cream Bread, Milk Bingo Games	17 Lasagna Country Blend Tossed Salad Apple Pie Bread, Milk	18 Pizza Pasta Salad Cherry Pie Bread, Milk	19	
	20	21 Italian Chicken Alfredo Fettuccine Broccoli Cottage Cheese Pudding Bread, Milk	22 Roast Beef Mashed Potatoes Green Beans Tossed Salad Cake Bread, Milk Card Games	23 Turkey Baked Sweet Potatoes Cranberry Sauce Corn, Pumpkin Pie Bread, Milk Bingo Games	24 Sweet & Sour Pork Rice Mandarin Orange Apple Crisp Bread, Milk	25 Lemon Pepper Fish, Wild Rice Scandinavian Blend Coleslaw Cinnamon Rolls Bread, Milk	26	
	27	28 Chicken Parmesan Rigatoni Broccoli Fruit Cocktail Pudding Bread, Milk	29 Ham & Scallop Potatoes Broccoli Tomato Salad Cake Bread, Milk Card Games	30 Barbeque Pork Baked Potatoes Corn Tossed Salad Jello Bread, Milk Bingo Games	31 Cheeseburger French Fries Baked Beans Tropical Fruit Cake Bread, Milk	This menu has been approved by Mary Jo Coleman, Registered Dietician.		