



# Aging Unit of Iron County

## FEBRUARY 2016



### MENU HAPPENINGS

Hurley 561-2108 Mon. to Fri.	Mercer 476-2113 or 1-800-950-8744 Tues. to Thurs.	Saxon 893-2333 Tues. to Thurs	Springstead - Wed 476-2113 or 1-800-950-8744
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Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat
<b>PLEASE MAKE RESERVATIONS 24 HOURS IN ADVANCE</b>	<b>1</b> Barbeque Chicken Tater Tots Stir Fry Vegetables Fruit Cocktail Pudding Bread, Milk	<b>2</b> Chicken Pot Pie Tossed Salad Blueberry Muffins Bread, Milk  Card Games	<b>3</b> Swedish Meat Balls Egg Noodles Green Beans Tomato Juice Ice Cream Bread, Milk  Bingo Games	<b>4</b> Polish Sausage Saurkraut Spaetzle Country Blend Pea Salad Apple Pie Bread, Milk	<b>5</b> Pizza Pasta Salad Peach Cobbler Bread, Milk	<b>6</b> <b>items may be changed without notice. All substituted items meet or exceed USDA standards for your RDA.</b>
	<b>7</b>	<b>8</b> Italian Chicken Gnocchi Broccoli Cottage Cheese Pudding Bread, Milk	<b>9</b> <b>Chef's Choice</b> Stuffed Green Peppers Parsley Potatoes, Wax Beans Tomato Salad Bread Pudding Bread, Milk Card Games	<b>10</b> Tuna Noodle Casserole Kidney Bean Salad Brownies Bread, Milk  Bingo Games	<b>11</b> Sweet & Sour Pork Rice Egg Roll Mandarin Oranges Apple Crisp Bread, Milk	<b>12</b> Chili Coleslaw Corn Muffins Cinnamon Rolls Bread, Milk
<b>14</b>	<b>15</b> <b>President's Day Closed</b>	<b>16</b>  Beef Wellington Twice Baked Potatoes Country Blend Tossed Salad Poke Cake Bread, Milk Card Games	<b>17</b> Polenta Italian Sausage Green Beans Tossed Salad Jello Bread, Milk  Bingo Games	<b>18</b> Pasty Pie Carrots Beet Salad Cookies Bread, Milk	<b>19</b> Breaded Chicken Sandwich Potato Wedges Broccoli Salad Peaches Bread, Milk	<b>20</b>
<b>21</b>	<b>22</b> Tamale Pie Carrots Cottage Cheese Pudding Bread, Milk	<b>23</b> Breaded Cod Filet Tater Tots Green Beans Tossed Salad Cake Bread, Milk  Card Games	<b>24</b> Fried Chicken Steak Mashed Potatoes, Cucumber Salad Cranberry Juice Bread, Milk  Bingo Games	<b>25</b> Ham Cheesy Hashbrowns Country Blend Blueberry Muffins Pea Salad Bread, Milk	<b>26</b> Beef Stew 3-Bean Salad Donuts Bread, Milk	<b>27</b>
<b>28</b>	<b>29</b> Pork & Kraut Mashed Potatoes, Green Beans Fruit Cocktail Pudding Bread, Milk					This menu has been approved by Mary Jo Coleman, Registered Dietician.

