

Aging Unit of Iron County

2016

JANUARY 2016

MENU HAPPENINGS

2016

Hurley 561-2108 Mon. to Fri.	Mercer 476-2113 or 1-800-950-8744 Tues. to Thurs.	Saxon 893-2333 Tues. to Thurs.	Springstead - Wed 476-2113 or 1-800-950-8744
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	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	
PLEASE MAKE RESERVATIONS 24 HOURS IN ADVANCE						2 items may be changed without notice. All substituted items meet or exceed USDA standards for your RDA.	
	3	4 Barbeque Pork Baked Potatoes Broccoli Fruit Cocktail Pudding Bread, Milk	5 Chef's Choice Ring Bologna Mac & Cheese Green Beans 7-Layer Salad Cake Bread, Milk Card Games	6 Baked Rigatoni Italian Sausage Cheesy Cauliflower Tossed Salad Jello Bread, Milk Bingo	7 Cheeseburger French Fries Coleslaw Fruit Salad Brownies Bread, Milk	8 Pasty Pie Carrots Cuke Salad Cookies Bread, Milk	9
	10	11 Pot Roast Baby Red Potatoes Carrots Cottage Cheese Pudding Bread, Milk	12 Winter Carnival BBQ'S Wedge Fries Baked Beans Fruit Salad Cherry Crunch Bread, Milk Card Games	13 Baked Chicken Sweet Potatoes Peas & Carrots Apple Crisp Bread, Milk Bingo	14 Salisbury Steak Egg Noodles Green Beans Angel Food Cake Tossed Salad Bread, Milk	15 Lemon Pepper Fish Wild Rice Scandinavian Blend Coleslaw Cinnamon Rolls Bread, Milk	16
	17	18 Closed Martin Luther King Day	19 Meat Loaf Parsley Potatoes, Wax Beans Tomato Salad Bread Pudding Bread, Milk Card Games	20 BBQ Chicken Mashed Potatoes, Peas Orange Juice Sherbet Bread, Milk Bingo Games	21 Swiss Steak Egg Noodles Cauliflower & Broc Tossed Salad Jello Bread, Milk	22 Stuffed Green Peppers O'Brien Potatoes 5 Way Blend 7-Layer Salad Blue Berry Crisp Bread, Milk	23
	24	25 Beef Tips & Noodles Corn Cottage Cheese Pudding Bread, Milk	26 Cabbage Casserole Country Blend Pea Salad Pudding Bread, Milk Card Games	27 Roast Beef Mashed Potatoes, Green Beans Beet Salad Cake Bread, Milk Bingo Games	28 Ham Scalloped Potatoes Carrots Tossed Salad Jello Bread, Milk	29 Pizza Pasta Salad Peach Cobbler Bread, Milk 	30 This menu has been approved by Mary Jo Coleman, Registered Dietician.